

Black Maca

Scientific Name: *Lepidium meyenii*
Family: Cruciferae

Origin

Maca has been consumed for ages in central region of the Andes. It had a big recognition since the pre-Incan age, being considered as a gift from the gods and offered to them in many of their ceremonies. The Incas recognized its benefits, using it to improve the physical and mental performance.

Maca is a very special root that can adapt the field on its own. It is one of the few plants that can grow in low temperatures, enduring the difficult weather of the Andes, being cultivated between 3800-4200 masl. It resists the plateau plagues and diseases.



Benefits

Black Maca is Men wishing to boost their libido, Athletes, both men and women, looking for extra stamina and strength, anyone looking to improve memory, concentration and focus skills with Maca, all people taking Maca to improve their bone strength and density

Uses

The maca powder can be used directly as a nutritional supplement or mixed in different shakes. It can be added in vegetarian, vegan, raw and paleo diets.

Presentations

Black Maca Powder

the Maca is cutted and dehydrated at temperatures near 45°C. This is how we obtain the product ready for milling and pulverization.

Gelatinized Maca Powder

In some cases, the extruded process is done for gelatinized maca powder.

